



## Law Program

The FLY Law Program is a 13-week, semester-based program for youth who want to learn more about the law while helping them build social emotional learning skills, and engaging young people as change agents in their communities. The program is held at schools, community centers, and juvenile facilities. Youth are referred by probation officers, judges, principals, teachers, counselors, and community members.

## Target Population

Youth ages 14-18 years old.

## Program Description



### Law-related Education (LRE)

Through legal education workshops led by trained FLY facilitators, youth learn their rights, as well as topics such as civic engagement & three strikes, property crimes, substance use & well-being, sex & consent, and gangs & community. With this understanding, youth discover and discuss ways to navigate the system, while building their skills to make choices that align with their values and influence systemic change.



### Social Emotional Learning (SEL) Skills

Trained facilitators (made up of FLY staff and volunteers) create space for youth in the form of group mentoring to explore and share their own identities and experiences in addition to supporting youth to identify ways they want to be in the world so that they can fully embrace their personal power.



### Field Trip & Recognition Ceremony

Youth take a field trip to a local law school where they tour the campus and act out a mock trial. The final week is a recognition ceremony where youth receive certificates of completion and can reflect and celebrate their accomplishments and contributions.



## Program Outcomes

- **Increased Social-Emotional Learning**—On average, over 75% of youth in the Law Program increase their social-emotional learning skills in at least one of the following domains: self-awareness, social awareness, critical thinking, and self-advocacy.
- **Increased Knowledge of the Law and One's Rights**—On average, over 75% of youth in the Law Program also increase their knowledge of the law and one's rights.
- Provides youth with the knowledge and skills to make informed decisions that will reduce their involvement with the justice system and lead to more positive futures.

## How To Make A Referral:

Youth are referred by probation officers, judges, principals, teachers, counselors, and community members. Please send referrals to [ccc referrals@flyprogram.org](mailto:ccc referrals@flyprogram.org)

*"FLY helped me find my voice. It was my first opportunity to have a platform and it changed the way I saw myself. It's the best thing that ever happened to me."*

— FLY Youth

## Contact

Director of Growth  
Trevor Arceneaux  
[trevor@flyprogram.org](mailto:trevor@flyprogram.org)  
(510) 813-6691

At FLY, we interrupt the pipeline to prison and support youth on their path to healthy, free, and productive lives.

Founded in 2000, Fresh Lifelines for Youth (FLY) is an award-winning nonprofit serving youth in the juvenile justice system and those at risk. We educate them about the law, support them to become leaders among their peers, and give them positive mentors and role models. We also help our juvenile justice systems become more just, humane, and equitable. As a result, FLY increases safety in our communities and decreases the cost and consequences of crime.

FLY's programs are based on the suggestions of incarcerated youth, who told our founder what they thought would prevent other youth from ending up with the same fate. Their ideas remain the foundation of our core programs today. We continue to incorporate youth voice in every aspect of FLY's operations.