



Law Program



Leadership Training Program



Mentor Program

At FLY, we interrupt the pipeline to prison and support youth on their path to healthy, free, and productive lives.

Founded in 2000, Fresh Lifelines for Youth (FLY) is an award-winning nonprofit serving youth in the juvenile justice system and those at risk. We educate them about the law, support them to become leaders among their peers, and give them positive mentors and role models. We also help our juvenile justice systems become more just, humane, and equitable. As a result, FLY increases safety in our communities and decreases the costs and consequences of crime.

FLY is one of a very few Bay Area agencies that specialize in working with kids who are incarcerated or on probation, or whose risky behavior could involve them in the juvenile justice system. The overwhelming majority of them don't have positive adult role models or other support in making healthy life choices. Poverty, racism, and disciplinary policies in the schools also play a strong role in getting kids locked up.

FLY has nearly two decades of working with youth while partnering with the systems that impact them and with their communities. We have developed a unique approach to supporting young people that maximizes their strengths and propels them to seek positive change for themselves and to advocate for other marginalized youth.

Learn more about FLY and how you can support your community's youth by visiting flyprogram.org or emailing info@flyprogram.org.

FLY Values Youth Voice

FLY's services were designed with the help of incarcerated youth, who told FLY's founder:

"If only I had known how much trouble I would get into..."

"If only I had been given a chance to do something good for the community..."

"If only someone had cared about me..."

"...I wouldn't be here."

Their ideas became – and remain – the foundation of FLY's core programs in law, leadership, and mentoring. We continue to incorporate the voice of youth in all aspects of our work.