

FLY Law Program Sites in San Mateo County

Camp Kemp, San Mateo
East Palo Alto Academy, East Palo Alto
Gateway Community School, San Mateo
Peninsula High School, San Bruno
Redwood High School, Redwood City
Thornton High School, Daly City
Youth Services Center, San Mateo
(Sites may vary by semester.)



For information about other FLY programs in San Mateo County, contact:

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"FLY builds trust and respect for others and it's a give-and-take between adults and students. It just goes a long way to building a good, positive school culture."
Donald Scatena, Director of Student Services,
San Mateo Union High School District

"This is the best program I've ever been to because it helps us understand instead of putting us down. It's not punishment, it's learning. You get a second chance to understand what you did was wrong."
FLY Law Program Graduate

About Fresh Lifelines for Youth

Founded in 2000, Fresh Lifelines for Youth (FLY) is an award-winning nonprofit working to break the cycle of juvenile violence, crime, and incarceration. FLY believes that **all** our children deserve a chance to become more than their past mistakes. FLY's legal education, leadership training, and mentoring programs motivate and equip youth to change the course of their lives. We are also committed to helping our juvenile justice systems become more just, humane, and equitable. As a result, FLY increases safety in our communities and decreases the costs and consequences of crime.

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FLY Law Program San Mateo County



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Research shows that youth who are exposed to legal education are less likely to break the law.

FLY staff and trained volunteers teach FLY’s nationally recognized legal education curriculum, which covers topics such as police encounters, accomplice liability, three strikes, theft, vandalism, drugs, gangs, and police arrests.

The course is taught in a non-judgmental and engaging manner that makes the youth more willing to learn. It is also an excellent vehicle to teach critical life skills like anger management, problem solving, conflict resolution, and resisting negative peer pressure. Through the classes, young people understand the consequences of crime and become inspired to change behaviors that could act as barriers to future success.

Key Program Features

- Taught at schools, community centers, and juvenile facilities, up to 30 youth per site.
- Youth are referred by probation officers, judges, principals, teachers, counselors, and community members.
- Course length is flexible up to 13 weeks. The final week is a recognition ceremony where youth receive certificates of completion and can reflect and celebrate.
- Class length is flexible up to two hours depending on programming needs.
- Taught by FLY staff and volunteer facilitators trained on FLY’s curriculum, best practices in classroom management, and evidence-based practices such as Cognitive Behavioral Therapy and Motivational Interviewing.
- Youth take a field trip to a local law school where they tour the campus and act out a mock trial.

Lesson	Life Skills Developed
Week 1: Orientation & Rules	Importance of Rules & Consequences, Respecting Self & Others, Teamwork & Collaboration, Planning
Week 2: Police Encounters	Self-Management, Building Empathy, Understanding the 4th Amendment (& that committing crimes reduces some constitutional rights), Personal Power
Week 3: Police Arrests	Self-Management, Recognizing Triggers, Decision Making, Building Empathy, Understanding Power vs. Authority
Week 4: Unlawful Sex	Understanding Senate Committee (how laws are proposed, debated, & passed), Managing Emotions & Articulating Various Viewpoints, Reasoning & Analysis, Statutory Interpretation, Public Speaking, Responsibility
Week 5: Theft	Communication, Building Empathy
Week 6: Vandalism	Building Empathy, Imagining Realistic Alternatives to Breaking the Law (to be a positive change in their community)
Field Trip - Juvenile Justice & Trials	Education Life Skills (college experience), Understanding the Juvenile Justice System, Knowledge & Exposure to Civic-Minded Careers
Week 7: Three Strikes	Problem Solving, Statutory Interpretation, Civic Engagement, Impacting Change, Conflict Resolution
Week 8: Gangs & Prop. 21	Resistance, Understanding the Impact of Violence on a Community, Building Empathy, Statutory Interpretation, Communication, Self-Management
Week 9: Hate Crimes	Self-Management, Accepting Differences, Cultural Sensitivity & Awareness, Building Empathy
Week 10: Accomplice Liability	Building Empathy, Responsibility, Decision Making, Conflict Resolution
Week 11: Drugs & Alcohol	Understanding Effects on the Brain & Body, Understanding Crimes & Penalties Associated with Drugs & Alcohol
Week 12: Recidivism	Accessing Community Support, Advocating for Self & Others, Understanding the Juvenile Justice System
Recognition Ceremony	Recognition of Accomplishment, Connecting with Community

To learn more about FLY’s Law Program, including locations, referrals, and how to become a volunteer, go to <https://flyprogram.org/our-programs/law/>.