

FLY Law Program Sites in Alameda County

Bridge Academy, Oakland
Camp Sweeney, San Leandro
Community Day School, Oakland
Hayward Community School, Hayward
Juvenile Hall – Unit 4, San Leandro
Ralph Bunche Academy, Oakland
Rudsdale Continuation School, Oakland
Emiliano Zapata Street Academy, Oakland
(Sites may vary by semester.)



For information about other FLY programs in Alameda County, contact:

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"FLY is a very powerful and valuable program, providing students who have experience with the juvenile justice system the opportunity to learn to advocate for themselves and others."
L. Karen Monroe, Superintendent of Schools for the Alameda County Office of Education

"What is often communicated about our students is that they will not behave on field trips, and that there is this low expectation for them. I disagree. You proved that by FLY's dedication and a cultural understanding of our students. Thank you and much respect to what you are bringing to the youth of Community Day School and Oakland."
Principal Mekael Johnson, Community Day School

About Fresh Lifelines for Youth

Founded in 2000, Fresh Lifelines for Youth (FLY) is an award-winning nonprofit working to break the cycle of juvenile violence, crime, and incarceration. FLY believes that **all** our children deserve a chance to become more than their past mistakes. FLY's legal education, leadership training, and mentoring programs motivate and equip youth to change the course of their lives. We are also committed to helping our juvenile justice systems become more just, humane, and equitable. As a result, FLY increases safety in our communities and decreases the costs and consequences of crime.

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FLY Law Program Alameda County



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Research shows that youth who are exposed to legal education are less likely to break the law.

FLY staff and trained volunteers teach FLY’s nationally recognized legal education curriculum, which covers topics such as police encounters, accomplice liability, three strikes, theft, vandalism, drugs, gangs, and police arrests.

The course is taught in a non-judgmental and engaging manner that makes the youth more willing to learn. It is also an excellent vehicle to teach critical life skills like anger management, problem solving, conflict resolution, and resisting negative peer pressure. Through the classes, young people understand the consequences of crime and become inspired to change behaviors that could act as barriers to future success.

Key Program Features

- Taught at schools, community centers, and juvenile facilities, up to 30 youth per site.
- Youth are referred by probation officers, judges, principals, teachers, counselors, and community members.
- Course length is flexible up to 13 weeks. The final week is a recognition ceremony where youth receive certificates of completion and can reflect and celebrate.
- Class length is flexible up to two hours depending on programming needs.
- Taught by FLY staff and volunteer facilitators trained on FLY’s curriculum, best practices in classroom management, and evidence-based practices such as Cognitive Behavioral Therapy and Motivational Interviewing.
- Youth take a field trip to a local law school where they tour the campus and act out a mock trial.

| Lesson | Life Skills Developed |
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| Week 1: Orientation & Rules | Importance of Rules & Consequences, Respecting Self & Others, Teamwork & Collaboration, Planning |
| Week 2: Police Encounters | Self-Management, Building Empathy, Understanding the 4th Amendment (& that committing crimes reduces some constitutional rights), Personal Power |
| Week 3: Police Arrests | Self-Management, Recognizing Triggers, Decision Making, Building Empathy, Understanding Power vs. Authority |
| Week 4: Unlawful Sex | Understanding Senate Committee (how laws are proposed, debated, & passed), Managing Emotions & Articulating Various Viewpoints, Reasoning & Analysis, Statutory Interpretation, Public Speaking, Responsibility |
| Week 5: Theft | Communication, Building Empathy |
| Week 6: Vandalism | Building Empathy, Imagining Realistic Alternatives to Breaking the Law (to be a positive change in their community) |
| Field Trip - Juvenile Justice & Trials | Education Life Skills (college experience), Understanding the Juvenile Justice System, Knowledge & Exposure to Civic-Minded Careers |
| Week 7: Three Strikes | Problem Solving, Statutory Interpretation, Civic Engagement, Impacting Change, Conflict Resolution |
| Week 8: Gangs & Prop. 21 | Resistance, Understanding the Impact of Violence on a Community, Building Empathy, Statutory Interpretation, Communication, Self-Management |
| Week 9: Hate Crimes | Self-Management, Accepting Differences, Cultural Sensitivity & Awareness, Building Empathy |
| Week 10: Accomplice Liability | Building Empathy, Responsibility, Decision Making, Conflict Resolution |
| Week 11: Drugs & Alcohol | Understanding Effects on the Brain & Body, Understanding Crimes & Penalties Associated with Drugs & Alcohol |
| Week 12: Recidivism | Accessing Community Support, Advocating for Self & Others, Understanding the Juvenile Justice System |
| Recognition Ceremony | Recognition of Accomplishment, Connecting with Community |

To learn more about FLY’s Law Program, including locations, referrals, and how to become a volunteer, go to <https://flyprogram.org/our-programs/law/>.