



Evolution Trainers' "Push for FLY"

Benefiting Fresh Lifelines for Youth

When: Tuesday, September 19, 2017, 6 a.m. to 8 p.m.

Where: Anywhere you can do a push-up!

Sponsoring: _____

Sponsor Name	\$\$/push-up or flat rate	Email Address

TOTAL PUSH-UPS COMPLETED: _____ (Complete this section after event)

After the event, please email your sponsors telling them how many push-ups you did and how much they pledged. Ask them to pay their pledge at <http://bit.ly/PushforFLY> or mail a check payable to Fresh Lifelines for Youth, 568 Valley Way, Milpitas, CA 95035.

Questions? Contact Stephanie, stephanie@flyprogram.org, or call her at (408) 802-3044. THANK YOU!

Fresh Lifelines for Youth (FLY) is a non-profit 501(c)(3) organization. All donations are tax-deductible and benefit FLY youth who are working to change their lives and our communities.

